

YEAR 11 PSHE

What will my child be learning this year?

A year of preparation for adult life

Year 11 PSHE supports students with relationships, reproductive health, personal safety, financial and career decisions, citizenship and informed choices as they prepare for life after school.

AUTUMN 1

Sex, relationships & reproductive health

- Safe sex and the links between sex, drugs and alcohol
- Readiness for sex and understanding that people become ready at different times
- Unplanned pregnancy: contraception, options and where to find help
- Abortion: the current legal position and a range of beliefs and opinions
- Adoption and fostering and why people may choose these pathways
- Infertility, reproductive health, miscarriage and loss
- Parenting: roles and responsibilities of parents, carers and children

AUTUMN 2

Choices, money & the future

- Virginity testing and hymenoplasty: what they are, their legal status and links to misogyny
- Cosmetic and aesthetic procedures and their possible positive and negative effects
- Fraud and money laundering: recognising risks, seeking support and understanding consequences
- Post-16 options, choices and application processes
- Labour Market Information (LMI) and how it can support career development
- Government spending, tax and the different types of tax people pay

SPRING 1

Citizenship, safety & informed health choices

- Voting, how elections work and the role of the Electoral Commission
- Who can and cannot vote in elections
- Drink spiking, date rape and serious sexual assault: recognising risks and reporting
- Pornography, consent and relationships, including the dangers of non-fatal strangulation
- Organ and blood donation and making responsible health choices
- Revenge pornography: prevention, support and the consequences of sharing intimate images

How can parents help?

Talk with your child about their learning, encourage questions, and help them find reliable support when a topic feels difficult or sensitive. Year 11 also provides opportunities to discuss choices for life after school.