

# Space for notes and tips



A space for handy hints and tips you might pick up at our session ...

## Contact Us



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Registered Charity - 1147969



## ABOUT US

**We are a charity organisation which aims to reduce isolation for families of young people with Special Educational Needs and disabilities. We offer opportunities to meet others and access good quality health, education, social care and leisure provisions (aged 0-25) year olds with SEND (with or without a diagnosis)**

## What We Offer

- Friendly support for the whole family, which includes;
- Peer Support (in 1:1 or small group settings)
  - Family activities
  - Free counselling sessions for parent carers with a trained counsellor.
  - Information workshops
  - Weekly & Monthly Meet Ups at different locations
  - Sibling support
  - Voice & Influence - working in partnership to influence change through living experience

# Events for Parent Carers



"I love going to coffee morning !  
It is great to meet people  
who just get it, and I now know I am  
not on my own !"

"Coffee evening really helped  
me to know where to go for  
support for my son's EHCP"

"I can come along & vent &  
be listened to but equally  
have a bit of a laugh"

"Through attending SEND Connect, not  
only have I made friends but so has  
my daughter. We now meet up outside  
of the sessions - we do not feel  
isolated anymore!"

SEND Connect consists of various sessions facilitated by people with lived experience as parents or carers of young people with additional needs and disabilities. The sessions are a lovely way to meet people with similar experiences, share ideas, develop friendships, and support one another. If you are worried about attending, please get in touch with Sharon at [sharon.foster@rpcf.co.uk](mailto:sharon.foster@rpcf.co.uk); we will help you.

SEND Connect sessions include -

- Coffee Mornings
- Evening meet-ups (young people welcome)
- Crafting opportunities
- Breakfast meet-ups

Please scan the QR code for more information about SEND Connect or other support available to you and your family.

