



Providing NHS services



IntraHealth



# Who are we

The immunisation team is made up of the following:

IMMUNISATION NURSES

HEALTH CARE ASSISTANTS

ADMINISTRATION TEAM



Providing NHS services



[www.intrahealth.co.uk](http://www.intrahealth.co.uk)

We offer the following school based immunisations for pupils in both primary and secondary schools:

FLU

Diphtheria, Tetanus and Polio

Meningitis ACWY

Human Papilloma Virus

Measles, Mumps and Rubella



# **IntraHealth**

## **Human Papilloma Virus**

### **Vaccine (HPV)**



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# HPV

**The HPV (Human papillomavirus) vaccination is offered to girls and boys aged 12 to 13 years in Year 8.**

**Anyone who misses their HPV vaccination in Year 8 can continue to have the vaccine up to their 25th birthday.**

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## What is HPV?

HPV is the name given to a common group of viruses

Some types of HPV are 'high risk' and can lead to the development of cancers, such as cervical cancers, anal cancers, genital cancers and cancers of the head and neck.

Other types of HPV can cause warts or verrucas

Over 99% of cervical cancers are caused by 'high risk' HPV

HPV infections do not normally cause any symptoms and most people will not know they are infected

HPV is very common and can be caught through any kind of sexual contact with someone who already has it. It can be spread through any kind of skin-to-skin contact including touching. It is usually found on the fingers, hands, mouth and genitals

Most people will get a HPV infection at some point and will get rid of it naturally but if you become infected with a 'high risk' HPV infection you will not be able to clear it

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# The HPV vaccine



**Gardasil protects against 9 types of HPV (6, 11, 16, 18, 31, 33, 45, 52, and 58) Types 16 and 18 are the cause of over 70% of most cervical cancers**

**The vaccine currently used to protect against HPV is called Gardasil 9**

**HPV does not protect against other sexually transmitted diseases and does not stop girls from getting pregnant therefore it is really important to practice safe sex**

**The vaccination works best if given before you become sexually active which is why the vaccine is given to 12-13 year olds**

**Remember we are here to support you and getting vaccinated could save your life**



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Since the introduction of the girls programme the incidence of genital warts in England has fallen dramatically in both girls and boys.

There has also been a reduction of cases in the different types of HPV that the vaccine helps to protect against.

This suggests that boys are already benefitting from indirect protection and by extending the programme to include boys this will help to prevent more cases of HPV related cancers such as head, neck and genital.

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# IntraHealth Measles, Mumps and Rubella (MMR) Vaccine



[www.intrahealth.co.uk](http://www.intrahealth.co.uk)



# MMR

**MMR is a vaccine that protects against Measles, Mumps and Rubella viruses .**

**These are highly infectious viral illnesses spread by coughs and sneezes.**

**It should be given at the age of 12 months and then again before children start school.**

**We know that some children and young people have missed either 1 or both doses of MMR and so run catch up programmes currently for those in year 8 and above**

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# What is Measles?

**Measles is an infection that spreads very easily and can cause serious problems in some people.**

**Such as pneumonia,  
meningitis, blindness and  
seizures (fits)**

**Most Contagious  
Virus in the world**



# What is Mumps?

**Mumps is a contagious viral infection that used to be common in children**

**But mumps can lead to viral meningitis if the virus moves into the outer layer of the brain.**

**Other complications include swelling of the testicles or ovaries (if the affected person has gone through puberty)**

**Mumps is spread in the same way as  colds and flu:**



# What is Rubella?

Rubella is sometimes known as German Measles it is a rare usually mild illness that causes a spotty rash.

However if developed in pregnancy it can be serious for the unborn baby.



# What to expect on the day of vaccination

## All of our nurses have many years of experience immunising young people



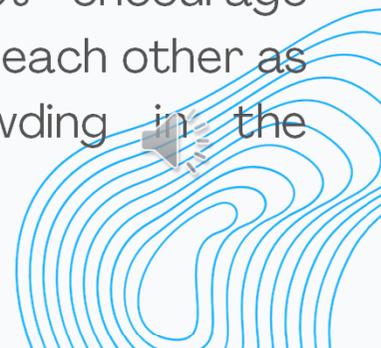
The vaccination is nothing to worry about. The team will talk to you and explain exactly what is going to happen and answer any questions you may have. You will be sat down to receive the vaccine and if you require, we have private/secluded areas where you can go.



We fully understand that some people don't like needles etc. All our staff are very supportive and caring - Do not listen to tales from others who say things like: "the needle is massive", "it really hurts", "people keep fainting".

If you are worried/apprehensive, we have people who can sit with you whilst you have the vaccination. We do not encourage friends/other pupils to sit with each other as this can lead to overcrowding in the vaccination area.

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## **This is the truth**

**The needle used is the same size used on a baby and not all of the needle goes into your arm**

**The more relaxed you are, the less anxious you feel and the sooner the vaccination will be over**

**It is more uncomfortable than painful and only lasts a few seconds**

**Some people may feel lightheaded or possibly faint - this is usually down to the fact that they have not eaten that morning and not a reaction to the vaccine - make sure you eat breakfast**

**You will feel a sharp scratch, a little bit like if you catch yourself with your nail, you may also feel a cool sensation and feel a little pressure like someone pressing on your arm as the vaccine goes in.**

**Remember we are here to support you and getting vaccinated could save your life**

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# FEEDBACK

"Everything was done very efficiently, and the nurses were great with the students - especially those who were a little worried"

"Thank you so much for your visit. The nurses that came were extremely patient and we couldn't fault the service we received"

"Thank you for all your support and organisation for the vaccinations. It went very smoothly and the team onsite were excellent – very organised and flexible"

"It went really well. Your team were very pleasant and efficient"

"The staff that came into school yesterday to administer the vaccinations were very helpful, friendly and professional. We had a very positive experience"

"Your team did great. Uptake was better than previous years. The team were all a pleasure to work with"

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# Gillick Competent

Information and consent forms for vaccinations will be sent out to parents and carers prior to the planned vaccination session in school.

This may consist of a paper consent form or link to an electronic consent form for parents or carers to return.

Any child under the age of 16 years old can self-consent for vaccination if assessed as competent by a qualified nurse. This is known as Gillick Competent.





## Contact us

EMAIL

[contactimms@intrahealth.co.uk](mailto:contactimms@intrahealth.co.uk)

CONTACT NO.

03333 583 397

WEBSITE

[www.intrahealth.co.uk](http://www.intrahealth.co.uk)

