

PSHE / RSHE lessons and Assembly Overview 2022-2023

Half Term 1

Week Comm	Assembly	Lead	British Value	PSHE in tutor time – Health and Wellbeing – 1 hour a week= x2 sessions	
Wk 1 5/9/22	Welcome Back Standards – beh/att/character/uniform Expectations	LT	R	Year 7	Friendship changes – new
				Year 8	How I feel about myself -new
				Year 9	Healthy and unhealthy friendships
				Year 10	Transition change into KS4 – how to manage
				Year 11	How to challenge stereotypes
Wk 2 12/9/22	Character assembly	JG	M	Year 7	How to manage challenges moving to a new school – new
				Year 8	How I feel about how I look - new
				Year 9	How to assess risk and manage influences – online
				Year 10	How to reframe negative thinking
				Year 11	Balancing ambition with unrealistic expectations - self efficacy
Wk 3 19/9/22	PSHE assembly	SB	L	Year 7	How to establish friendships
				Year 8	What is healthy eating? new
				Year 9	How to manage passive / aggressive behaviour and communicate
				Year 10	Strategies to promote emotional wellbeing
				Year 11	Study skills and revision techniques
Wk 4 26/9/22	Student council assembly Recruitment	SR / student council	L	Year 7	What is bullying? – new
				Year 8	Why exercise is important - new
				Year 9	To manage risk in relation to gangs
				Year 10	How to access support for mental wellbeing
				Year 11	Causes of stress and anxiety – management of this
Wk 5 3/10/22	Black History Month	GK	M	Year 7	Basic First Aid
				Year 8	Why good sleep is important - new
				Year 9	Knife crime – legal and physical risk
				Year 10	Portrayal of mental health in the media
				Year 11	Safety online – positive and safe ways to create content
Wk 6 10/10/22	SMSC assembly Yellow day – mental health 11th October – Y8 and Y9 CCE / online safety assemblies SYP	SR	M	Year 7	Personal safety – roads / rail and water
				Year 8	How to stay mentally well – new
				Year 9	Drugs and alcohol / addiction risks
				Year 10	How to challenge stigma and stereotypes in mental health
				Year 11	Balancing time online / sleep habits

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Wk 7 17/10/22	Praise assembly Year 7 and 9 dark nights / fire safety	YL	R	Catch up time – completion of PSHE activities
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Half Term 2

Week Commencing	Assembly	Lead	British Value	PSHE in tutor time – Living in the wider world – 1 hour a week= x2 sessions	
Wk 1 31/10/22	Setting the scene – year group assemblies Y8 audio Y10 careers day	YL	D L	Year 7	How to be enterprising and solve problems
				Year 8	Pathways after Year 11 -new
				Year 9	What are transferable skills?
				Year 10	Budget and calculate savings
				Year 11	How to use feedback when planning for the future
Wk 2 7/11/22	Remembrance week	HJE	R M T	Year 7	Different careers and the qualities needed
				Year 8	What are apprenticeships? -new
				Year 9	How to demonstrate your strengths
				Year 10	Managing debt – prevention and understanding
				Year 11	SMART targets and revision techniques
Wk 3 14/11/22	PSHE Anti-Bullying week Student Council assembly	SR	L R	Year 7	What is equal opportunity
				Year 8	Why go to university? New
				Year 9	Types of employment and career pathways
				Year 10	Data sharing – targeted advertising
				Year 11	Post 16 pathways
Wk 4 21/11/22	Character assembly	JG	L	Year 7	Challenging stereotypes
				Year 8	self employed
				Year 9	How to manage feelings towards future employment/ decisions
				Year 10	Issues with gambling / dealing with gambling
				Year 11	CV writing / personal statements
Wk 5 28/11/22	PSHE	SB	L	Year 7	Identify aspirations for the future
				Year 8	Conversation about careers sectors – new

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				Year 9	How set realistic and meaningful goals
				Year 10	The law and finance / cyber crime
				Year 11	Maximise employability
Wk 6 5/12/22	Human Rights Day	SR	M	Year 7	Values and career choices
				Year 8	Student finance and leaving home – new
				Year 9	GCSE and post-16 options
				Year 10	Managing risk in relation to fraud and finances
				Year 11	Part time working and studying
WK 7 12/12/22	Celebration assembly	YLS			Catch up week

Half Term 3

Week Comm	Assembly	Lead	British Value	PSHE in tutor time – Relationships – 1 hour a week= x2 sessions	
Wk 1 3/1/23	Character New Beginnings target setting		L	Year 7	What is identity?
				Year 8	Prejudice and discrimination - managing influence
				Year 9	Relationships - domestic violence
				Year 10	What is good sex?
				Year 11	Happiness
Wk 2 9/1/23	PSHE Student Council assembly	SR	L	Year 7	What are rights and responsibilities?
				Year 8	How to prevent extremism
				Year 9	Child exploitation
				Year 10	Myths assumptions about relationships
				Year 11	Types of relationship
Wk 3 16/1/23	Character assembly	JG	L T	Year 7	Living in a diverse society
				Year 8	Recognising hate crime
				Year 9	Positive relationships – link to homelessness
				Year 10	Online relationships
				Year 11	Same sex relationships

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Wk 4 23/1/23	Holocaust assembly	HJE	T M	Year 7	Challenging prejudice and discrimination
				Year 8	Identity – transphobia LGBT
				Year 9	Conflict with family and friends / resolution strategies
				Year 10	Revenge Pornography
				Year 11	Safe sex
Wk 5 30/1/23	Apprenticeship week (next week)	SR	M R	Year 7	Signs and effect of bullying
				Year 8	Challenging homophobia
				Year 9	How to manage relationship breakdown
				Year 10	Gender and Trans identity
				Year 11	Bully body shaming
Wk 6 6/02/22	Celebration assembly	YLS	L	Year 7	Responding to bullying / helping others
				Year 8	Body image and self-worth
				Year 9	Harassment and stalking
				Year 10	Relationships with role models
				Year 11	Consent, rape accessing support

Half Term 4

Week Comm	Assembly	Lead	British Value	PSHE in tutor time – Health and Wellbeing – 1 hour a week= x2 sessions	
Wk 1 20/02/22	Behaviour and attitudes	SM	T	Year 7	Healthy lifestyle choices – eating well
				Year 8	Medicinal drugs /over the counter
				Year 9	Mental health – anxiety
				Year 10	Managing social anxiety
				Year 11	First Aid CPR
Wk 2 27/2/23	Character assembly Manners / respect / kind	SR	L D	Year 7	Dental health
				Year 8	Habit and dependence
				Year 9	Drugs and the law
				Year 10	Why do people commit suicide
				Year 11	Personal safety wider world

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Wk 3 6/03/22	Careers week	SR	L M	Year 7	Managing influences – smoking, drinking alcohol
				Year 8	Risks with drug taking
				Year 9	Body image
				Year 10	Grief and loss
				Year 11	Screening cancer / immunisations
Wk 4 13/03/23	Science week	LF / DB	D M	Year 7	Managing sleep
				Year 8	Recognising social norms
				Year 9	Making health choices – self harm
				Year 10	Binge drinking
				Year 11	Sexual health - reproductive health
Wk 5 20/03/23	Character	JG	M	Year 7	Classifications - drugs
				Year 8	Eating disorders
				Year 9	Selfie obsessed
				Year 10	Tattoos and piercings
				Year 11	Gambling and online gaming

Wk 6 27/3/23	Celebration Assembly	YLS	L	Year 7	Assessment mind map
				Year 8	Teen pregnancy / assessment mind map
				Year 9	Assessment mind map
				Year 10	Assessment mind map
				Year 11	Assessment mind map

Half Term 5

Week Comm	Assembly	Lead	British Value	PSHE in tutor time – Relationships – 1 hour a week= x2 sessions	
Wk 1 17/04/23	Year Group Standards – beh/att/uniform Expectations	YLS	M	Year 7	Developing self-worth
				Year 8	Child exploitation
				Year 9	Readiness for sex / delaying sexual activity
				Year 10	Communities and belonging
				Year 11	Changing family life - same sex parenting

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Wk 2 24/4/23	Character assembly	JG	R M	Year 7	Positive behaviours – what does this mean
				Year 8	Positive behaviours in relationships - running away
				Year 9	Myths about consent
				Year 10	Equality Act and diversity
				Year 11	What is parenthood
Wk 3 1/5/23	PSHE assembly	SR	D	Year 7	Keeping safe positive relationships
				Year 8	Gender identity – sexual orientation
				Year 9	Media and sex / pornography
				Year 10	Social media and misinformation LGBT
				Year 11	Fertility and infertility
Wk 4 8/5/23	Mental Health Awareness Student council	SR		Year 7	Falling in love
				Year 8	Risks of sexting in relationships
				Year 9	Sharing images – consequences
				Year 10	Challenging discrimination online trans gender
				Year 11	Birth – miscarriages
Wk 5 15/5/23	PSHE assembly	SB		Year 7	Media stereotypes / family relationships
				Year 8	Contraception STi /consent / dangers of pornography
				Year 9	Personal information online
				Year 10	Recognising hate crimes / honour based violence
				Year 11	Managing loss and bereavement / adoption
WK 6 22/5/23	Celebration assembly	YL		All years	Catch up PSHE week

Half Term 6

Week Comm	Assembly	Lead	BV	PSHE in tutor time- Living in the wider world – 1 hour a week= x2 sessions	
Wk 1 5/6/23	Standards – beh/att/uniform Expectations	YLs	M	Year 7	Savings, loans and interest rates
				Year 8	Online communication – social networking teens and media
				Year 9	Enterprising qualities
				Year 10	Identifying strengths and weakness – career development
Wk 2	PSHE	SR	R	Year 7	Consumerism - wants and needs

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12/6/23	LGBT Pride assembly Student Council		M L	Year 8	Recognising grooming and exploitation
				Year 9	Skills for employment - workplace skills
				Year 10	Why pursue a STEM career
Wk 3 19/6/23	Character Assembly	JG	L	Year 7	Budgeting
				Year 8	Critically assess media sources – fake news
				Year 9	Consumer rights
				Year 10	Responsibilities in the workplace
Wk 4 26/6/23	PSHE Assembly	SR	R	Year 7	Risk taking behaviour linked to finances
				Year 8	Financial online safety
			T	Year 9	Avoiding debt
				Year 10	Health and safety
Wk 5 3/7/23	Sports Day Preparations	RH	R M	Year 7	Debt and the causes
				Year 8	Gambling online and the risks
			M	Year 9	Navigating financial situations
				Year 10	Rights and responsibilities in the workplace
Wk 6 10/7/23	Plan for mental health and wellbeing day / Rewards days	SR / SB	L	Year 7	Catch up – round up session
				Year 8	Catch up - – round up session
				Year 9	Catch up - – round up session
				Year 10	Catch up - – round up session
Wk 7 17/07/22	Celebration Assembly & Review of the year	YLS	L	Year 7	collate all booklets
				Year 8	collate all booklets
				Year 9	collate all booklets
				Year 10	collate all booklets